Dear Parents,

Internet Safety Tips for Primary Students
As we approach the end of the school year, many of our students, particularly our older students, are busy organising school work or their social lives via social media. Below are just a few tips to hopefully keep these interactions in line with our school values.

Do not reply to rude or nasty comments.
Immediately tell an adult if you feel uncomfortable or worried online.
If someone is being mean or nasty on MSN – block them.
Have your computer in a common area of the house NOT IN THE BEDROOM!
Do not have a ‘flirty’ or ‘nasty’ log on name.
Help your parents to learn about the internet. Teach your parents the language of the cyberspace.
Let your parents know where you go online, just as you would in real life.
Ask your parents to spend time online with you - learn and explore together
Make sure that there are filters and other monitoring/blocking software to minimise dangers.
Together with mum or dad, set house rules about what information you can put onto websites or share with others.

Book Fair
This morning was the first morning of our Book Fair. There were lots of parents and students enjoying being able to purchase books and other items. Selling will occur again after school today till 4:00pm and in the morning (Friday) from 8:30-9:00am. A percentage of all of the sales comes back to our school by way of new books for the library. We are looking forward to receiving many new books as a result of strong sales. Thank you to the parents (Melissa Lucin, Tiffany Awad, Annette Philp and Amanda Todd) for their assistance with the selling. Thank you to Thao Doan, Library Assistant, for organising this book selling extravaganza for our school.

Last Prep Transition Day
Today we had the last of our transition sessions for our 2015 Preps. Next Tuesday 25th November at 6.30pm we will be having our 2015 Prep Parent Information evening.

Robyn Baker - Principal
LIBRARY BOOKS & TAKE HOME BOOKS DUE BACK!

Please ensure that children return all books. At this time of the year teachers are returning their take home books and guided reading books to the shelves. Every year we lose hundreds of dollars worth of books. Please check at home for lost books. We really appreciate it when they are returned, even if they are late.

Thank you, Thao Doan

EARLY RELEASE
LAST DAY OF TERM 4

PARENTS PLEASE NOTE
CHILDREN WILL BE DISMISSED AT 1:30 ON FRIDAY 19TH DECEMBER 2014.
THERE IS NO AFTER SCHOOL CARE ON FRIDAY 19TH DECEMBER
Office Staff

WELCOME TO OUR TMPS BOOK FAIR READING CELEBRATION!

DATE/TIME: FRIDAY 21ST NOVEMBER
8:30am-9:00am
3:30pm-4:00pm

LOCATION: TMPS SCHOOL LIBRARY

LAST DAY TOMORROW

Children will have the opportunity to purchase books from a large range of new titles at affordable prices.

Mrs Thao Doan (Library)

REMINDER SWIMMING ON THURSDAYS PREPS - GRADE’S 1 & 2’S

Please make sure your children attend school on swimming day with their bathers already on and that they have a swimming bag large enough to fit their school uniform, towel.

Kevin Dinale – Swimming Co ordinator

27 Nov - Session 7
4 Dec - Session 8 (last session)
2015 PREP ORIENTATION SESSIONS

Prep parent information evening Tuesday 25th November at 6.30pm
It is very important that all 2015 Prep Parents attend these sessions.

Prep Teachers

Icy Poles 50c each

Icy Poles are now available for sale on Monday, Wednesday and Fridays.
Thank you to all of the parents who have volunteered their time to help out with icy pole sales.

Parents Association

WALK TO THE LOCAL SHOPS
PREP EXCURSION REMINDER
Prep ‘Walk to the local Shops’ excursion

**Friday 28 November**
**Venue:** local shops and bakery

Parents please don’t forget to pack their play lunch and a plastic bottle of water, place it in a plastic bag and labelled with their name.

Please don’t forget their hats!

Thanks, Prep Teachers

LOST PROPERTY

Another reminder to please check your child’s school uniform to see if you have clearly named each item.

We have a box near the office corridor which is absolutely full of lost property at the moment, nearly all of the clothing is not labelled.

Office Staff

School Lunches

Growing, active children can become very hungry throughout the school day and some students have been eating their sandwich for play lunch, leaving nothing to eat at lunchtime.

Please keep this in mind when packing your child’s lunch as some children may need a larger breakfast or an extra sandwich to eat during the day.

Helena Katsinikas
Primary Welfare Officer

Parents Reminder:

3/4 SOVEREIGN HILL CAMP
WEDNESDAY 26TH NOVEMBER
TO FRIDAY 28TH NOVEMBER
child dental care can now be bulk billed?

- up to $1000 child dental treatment every 2 years

www.pvch.org.au

Children Dental
Plenty Valley Community Health Dental
The Northern Hospital Site
Tel: 9409 8760
167 Cooper Street, Epping
Whittlesea Site
Tel: 9716 9444
40-42 Walnut Street, Whittlesea
Email: dentalq@pvch.org.au

Healthy Communities... Healthy People

140,000 children were treated in over 80 public dental clinics across Victoria in 2013

- The new Commonwealth Child Dental Benefits Schedule allows for up to $1000 basic dental treatment over a 2 year period for eligible 2-17 year olds
- 2-17 year olds are eligible if they receive Family Tax Benefit A or other relevant Australian Government payments
- Treatment is bulk billed via Medicare

- In all Victorian public dental clinics
- Eligible children pay $0
- No out of pocket costs
- No wait list – your child will have the next available appointment

What dental services are available?
- Check-ups
- X-rays
- Fissure sealants
- Extractions
- Cleanings
- Root canals
- Fillings

Excludes orthodontic or cosmetic dental work and services provided in a hospital operating theatre

Plenty Valley Community Health Ltd
Epping Centre
167 Cooper Street, Epping, VIC 3076
31A Morning Drive, Mill Park, VIC 3082
40-42 Walnut Street, Whittlesea, VIC 3757
PO Box 85, Whittlesea, VIC 3757

Whittlesea Centre

www.pvch.org.au

CORRESPONDENCE:
PO Box 85, Whittlesea VIC 3757

Toll Free: (03) 9409 8767
Fax: (03) 9716 1402

Plenty Valley Community Health Ltd
ACN 137 313 395
ABN 48 343 077 457

Deborah Caffrey
Manager

Plenty Valley Community Health
Department of Education and Early Childhood Development

EVERY MINUTE COUNTS

Just a little bit late doesn’t seem much, but:

<table>
<thead>
<tr>
<th>He/She is only missing</th>
<th>That equals....</th>
<th>Which is....</th>
<th>over 13 years of schooling, that’s....</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 minutes per day</td>
<td>60 minutes per week</td>
<td>Nearly 1.6 weeks per year</td>
<td>Nearly HALF A YEAR</td>
</tr>
<tr>
<td>20 minutes per day</td>
<td>1 hour 40 minutes per week</td>
<td>Nearly 2.6 weeks per year</td>
<td>Nearly 1 YEAR</td>
</tr>
<tr>
<td>Half an hour per day</td>
<td>Half a day per week</td>
<td>4 weeks per year</td>
<td>Nearly 1 AND A HALF YEARS</td>
</tr>
<tr>
<td>1 hour per day</td>
<td>1 day per week</td>
<td>8 weeks per year</td>
<td>Nearly 2 AND A HALF YEARS</td>
</tr>
</tbody>
</table>

Did you know your child’s best learning time is the start of the school day?

That’s when every minute counts the most!