



THOMASTOWN MEADOWS PRIMARY SCHOOL

SUNSMART POLICY

At Thomastown Meadows Primary School, we are honest, respectful and show empathy. We are happy, active and independent learners contributing positively to society.

Rationale:

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

Aims:

- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.
- To work towards a safe school environment that provides shade for students, staff and the school community.

Implementation:

Behaviour

- Require children to wear legionnaire hats as specified in the Thomastown Meadows Primary School
- Uniform Policy, whenever they are outside from the beginning of September until the end of April (e.g. recess, assembly, lunch, sport and excursions).
- The hats are provided in the Prep book pack and can be purchased from the uniform shop.
- Children who don't wear a hat during recess and lunch play will be requested to play in a shaded area.
- Encourage the daily application of sunscreen prior to the lunch break and when on camp and whole school events.
- Encourage children to use available shade for outdoor activities.
- Request staff and encourage parents to act as role models by practising SunSmart behaviours.

Curriculum

- Incorporate programs on skin cancer prevention / skin protection into the curriculum at all grade levels.
- Regularly reinforce SunSmart behaviour in a positive way through newsletters, parent meetings, student and teacher activities.
- Ensure the SunSmart Policy is reflected in the planning of all outdoor events (eg: camps, excursions and sporting events).

Environment

- Schedule outdoor activities before 11 am in daylight saving time (10 and 2 pm other times) whenever possible.
- Organise outdoor activities to be held in areas with plenty of shade whenever possible.
- Schedule outdoor assemblies early in the day or in an area where all students can be in the shade.
- Work toward increasing the number of shelters and trees so as to provide adequate shade in the school grounds.

Evaluation:

- This policy will be reviewed as part of the school's three-year review cycle.

This policy was last ratified by School Council November 2006